



Lace Up for Lend A Hand Up in coordination with the Fargo Marathon or another event!

Charity Team Sign Up Form

Join the *Lend A Hand Up* Charity Team - 5 easy steps:

- Step 1** Sign up with the Fargo Marathon - or make plans to attend/coordinate or support another event.
- Step 2** Complete this form to join the *Lend A Hand Up Charity Team* as an individual, family or business group.
 - Let us know your T-shirt size(s) and if/how you want to personalize your shirts.
 - Let us know if you are interested in using our lendahandup.org site to build awareness and gain support in honor of your participation as a charity team(s).
- Step 3** Forward a personal and/or sponsorship gift(s) totaling \$25 or more **by April 30th** to Lend A Hand Up.
- Step 4** Pick up your Lend A Hand Up Charity Team T-shirts before race day.
(Number and type of running shirts are distributed based on availability and total raised. See below.)
- Step 5** Wear your charity wear on race day and beyond to showcase your caring community spirit!

Individual/Team Sign Up Information

INDIVIDUAL CHARITY RUNNER - OR TEAM NAME	IF TEAM, NAME OF KEY CONTACT
ADDRESS/PO BOX	CITY, ST. ZIP
PHONE	EMAIL

Giving Options

Tax-deductible gifts to Lend A Hand Up may be made by charity team members and/or sponsors!

- Cash/checks **payable to Lend A Hand Up** should include the *Individual/Team Name* you are supporting
- To give online, go to www.lendahandup.org and 'Give' to one of the listed charity teams

Your Estimated donation goal: \$25/1 shirt \$50/2 shirts \$75/3 shirts \$100/4 shirts
 \$150/6 shirts \$200/8 shirts \$250/12 shirts \$500/30 shirts

Other: _____

Based on your donation goal, estimate the quantity of shirts per type and size that you are planning for.

Note: the actual number and size of shirts ordered will be based on gifts received on or before Apr 30.

T-Shirt Size: (Youth) Sm____ Med____ Large____ (Adult) Sm____ Med____ Large____ XL____ 2XL____
 LS Running Shirt Size: (No youth sizes available) (Adult) Sm____ Med____ Large____ XL____ 2XL____

Do you want to add a name or logo on the shirt back under TEAM? NO YES: _____
(Team Name – Up to 10 Letters)

Do you want to use www.lendahandup.org to raise gifts supporting your participation? YES NO

If you are enclosing a gift with your sign up form please check box below, and/or other boxes as applicable:

Cash/check donation(s) enclosed Online gift(s) made Will forward contribution(s) at a later date

Note: this donation amount is separate from Fargo Marathon registration and/or other event fees!

To register for the Fargo Marathon, go to <http://fargomarathon.com/>

***Waiver:** I hereby, for myself and team members waive any and all rights, claims, and damages against Lend A Hand Up, sponsors, and individuals associated with the event. I give permission for use of my/team member pictures in any broadcast, print or social media. I understand that contributions are non-refundable/non-transferable.*

Signature _____ Date _____

Email, mail or fax this form to: Lend A Hand Up – DMF, 4141 28 Ave S, Fargo, ND 58104
jeanapeinovich@dakmed.org. Fax: 701.271-0408, Office Telephone: 701.356.2661



Lace Up for Lend A Hand Up – Pledge/Donation Tracking Form

Charity Runner First and Last Name: _____

I plan to *Lace up for Lend A Hand Up* in the following event: _____

Dear Potential Sponsor,

I am participating in _____ as a ***Lend A Hand Up Charity Team member***. Contributions made to Lend A Hand Up on behalf of my participation are tax-deductible and matched by Dakota Medical Foundation. 100% of funds raised for Lend A Hand Up are distributed to local families experiencing a medical crisis. Your contribution is sincerely appreciated!

Donations by check should be made payable to *Lend A Hand Up*. Please note the name of the individual/team your gift is made in honor of.

To donate online, go to: www.lendahandup.org, and GIVE to: _____

	Name of Contributor	Pledge Amount	Amount Collected	Gift type: Online, Cash, Check, Other
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
18				
19				
20				

Total Pledged/Raised for Lend A Hand Up per your participation: \$ _____